

# National Centre for Sport and Exercise Medicine

## Terms of Agreement

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The National Centre for Sport and Exercise Medicine (NCSEM) is a national collaboration with Founder Partners in London, the East Midlands and Sheffield. The NCSEM was established with a £30 million grant from the Department of Health and Social Care. It is a collaboration between universities, healthcare trusts, local authorities and private and voluntary sector organisations, clustered around the three regional hubs. University College London Hospitals NHS Foundation Trust, Loughborough University and Sheffield Teaching Hospitals NHS Foundation Trust are recognised as the Founder Partners of the NCSEM on behalf of the broader consortia in London, the East Midlands and Sheffield respectively.

This agreement refers to only those elements of the Founder Partners that are dedicated and related to the NCSEM and not to other parts or activities.

The NCSEM collaboration should recognise the different focus of each Founder Partner whilst recognising the overarching purpose is to be a vehicle to drive change and to improve health and wellbeing through sport, exercise and physical activity. More specifically, to:

- Provide a focal point for advice and guidance on sport, exercise and physical activity, injury and rehabilitation;
- Promote the benefits of sport, exercise and physical activity to people who face barriers to activity to improve their quality of life and ultimately reduce impact on health and social care;
- Accelerate the translation of sport, exercise and physical activity research into new models of patient care;
- Inform future government policy using evidence from sport, exercise and physical activity research;
- Develop and deliver continuing professional development opportunities to raise professional standards and share best practice within and across sport, exercise and physical activity disciplines;
- Provide expertise and services to industry and promote knowledge transfer.



To achieve the aims outlined above, the Founder Partners agree to:

- Work together to accelerate and facilitate translation from basic science to implementation utilising their individual and complementary strengths and expertise;
- Work across five research themes:
  - Optimising health and wellbeing, through lifestyle, physical activity and nutrition;
  - Exercise in the management of health conditions;
  - Rehabilitation and musculoskeletal health;
  - Mental health and wellbeing;
  - Supporting athlete performance and injury prevention.
- Deliver collaborative learning opportunities (e.g. conferences, seminar series, public lectures).

The partnership nature of the NCSEM will be explicit in all communications and activities, whether emanating from London, the East Midlands or Sheffield. A common branding format has been agreed between current partners and will be adopted by all. The NCSEM logo and branding can be used by the Founder Partners freely, unless this forms part of an application for funding, sponsorship or donations, at which point the logo and branding can only be used with agreement of all Partner Groups.

The overall responsibility and governance for the NCSEM is vested in the CEOs and the VC of the three Leads of the accountable organisations within the Founder Partners; referred to as “Accountable Officers”. The Accountable Officers will meet once per year with the local directors.

Each Founder Partner will appoint a Director. An overall NCSEM Director will be appointed to take responsibility for the voice of the NCSEM should a named lead be required. This position will rotate every two years between the Founder Partners. The regional directors will meet three times per year, with the meeting location rotated around the Founder Partners.

Loughborough University will host the NCSEM secretariat (marketing manager and project manager) to co-ordinate activities between the Partners. Loughborough University will host and support the NCSEM national website and a central email point of contact – from which circulation to all partners will occur.

One of the Founder Partners will hold any collaborative funds on behalf of the partnership as agreed by the Directors on a case-by-case basis.